

GENEA'S AMH TESTING SERVICES EXPLAINED

WHAT IS AN AMH TEST AND WHEN IS IT USEFUL?

Anti-Müllerian Hormone (AMH) is secreted by the cells involved in developing follicles in the ovaries and is the measurement directly related to a female's ovarian reserve. The relationship of AMH to ovarian reserve in the normal female population follows the fertility profile with advancing age. The clinical usefulness of AMH is in assessing whether the patient's AMH result is outside the normal limits for her age. This provides insight as to whether your patient is aligned to their fertility age and how different the AMH result is from the norm.

WHY CHOOSE GENEAL FOR AMH TESTING?

At Genea we bring together our knowledge on infertility and pregnancy management to assist you in providing your patients the latest scientific advances and their application to clinical management. Unlike other IVF providers, here at Genea, we have developed a normal range for AMH based only on patients that have naturally conceived – resulting in a much more meaningful result for you and the patient. When using the AMH age related graph (see flip-side) you will be able to assess how your patient compares to a normal fertile population. There is now no longer a need for one to assume that low results occur only in older women or high results are better than low.

HOW MUCH DOES GENEAL'S AMH TEST COST?

\$85. There is currently no Medicare rebate on the AMH test.

HOW DO I ENSURE MY REQUESTED AMH TEST IS CONDUCTED BY GENEAL?

To ensure the AMH test you request is conducted using our technology, please use one of the following options to ensure the specimen is dispatched to us:

Genea Pathology Request Form

The preferred method is to use a Genea Pathology Request Form, requesting "AMH" and have your preferred pathology provider forward the specimen to us. You can find these forms available on Medical Director and Best Practice or genea.com.au/hcp/gp-resources located under Pathology kit.

Generic Pathology Request Form

If using a request form from your preferred pathology provider, most pathology providers will honour your request and dispatch the samples to us by simply indicating clearly on the form: **"AMH send to Genea ONLY"**.

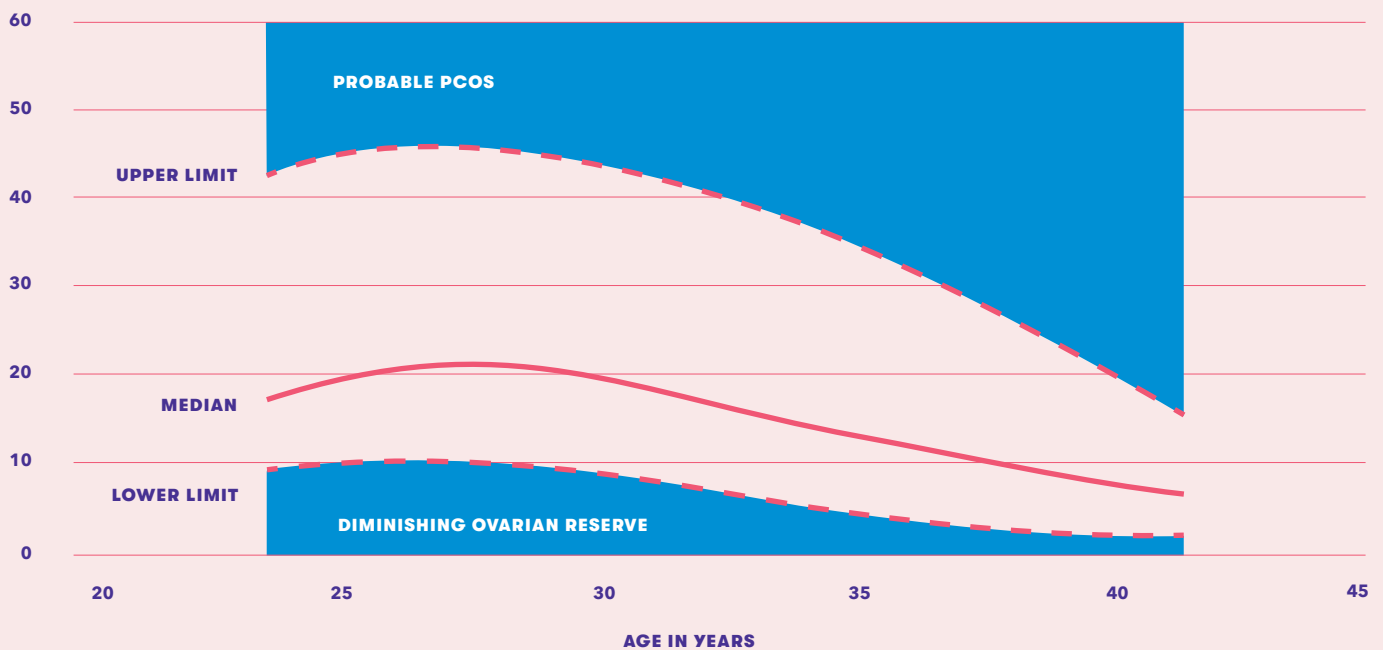
Your patient can have their blood collected at one of our metropolitan Genea clinic sites. Please ensure they ring ahead for an appointment on (02) 9229 6444 and bring a completed pathology request form with them.

INTERPRETING ANTI-MÜLLERIAN HORMONE (TEST) RESULTS FOR YOUR PATIENTS

WHAT YOUR PATIENT'S AMH TEST RESULTS MEAN

AMH AGE RELATIONSHIP REFERENCE RANGE*

BASED ON NATURAL CONCEPTION PATIENTS



* Guideline only. Statistical analysis on data from patients who conceived naturally

If you find a higher or lower than expected AMH result, you should consider a referral to a Fertility Specialist. To help you find a Genea Fertility Specialist near you, visit [genea.com.au/doctors](https://www.genea.com.au/doctors)

1300 361 795
w [genea.com.au](https://www.genea.com.au)

   GeneaFertility

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