

# Psychology & Counselling Business Listings



## **Sally Findley Psychology**

I'm a warm and friendly Psychologist with years of experience and a particular interest in infertility, pregnancy loss and supporting families in a subsequent pregnancy after a loss.

**Address:** Q-Central, Suite 212, 10 Norbrik Drive, Bella Vista, NSW 2153

**Phone:** 0400 818 275

**Email:** sfindleypsychology@gmail.com

**Website:** sallyfindley.com.au

**Appointments:** In Person & Virtual

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BEVERLEY ARONSTAN  
PSYCHOLOGIST

## **Beverley Aronstan**

Private practice providing psychological consultations and counselling for individuals, couples and families with relationship difficulties. Beverley has an interest and experience with fertility issues, pre and postnatal mood disorders, pregnancy loss, sperm, oocyte and embryo donation.

**Address:** Suite 804 Harley Place, 251 Oxford Street, Bondi Junction, NSW 2022

**Email:** contact@bevaronstan.com.au

**Website:** bevaronstan.com

**Appointments:** In Person & Virtual

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LUCY KEMP  
INFERTILITY AND PREGNANCY LOSS COUNSELLOR

## **Lucy Kemp Counselling**

Psychotherapist specialising in infertility and pregnancy loss counselling support.

**Address:** 5 Philip Street, Bondi, NSW 2026

**Phone:** 0401 243 540

**Email:** lucykemp75@gmail.com

**Website:** lucykemp.com.au

**Appointments:** In Person & Virtual

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## **ATUNE Health Centres**

Australia's largest integrated medical centre, committed to promoting optimal health and wellbeing through a holistic, lifestyle-focused approach.

Our medical acupuncturist, with 25 years of experience as both a GP and acupuncturist, offers specialised support for women during fertility, pregnancy, and the postpartum period. Our integrated maternity team provides expert, compassionate care at every stage of pregnancy, ensuring a seamless and supportive experience.

**Address:** 52 Ada Street, Cardiff, NSW 2285

**Phone:** 02 4954 4511

**Email:** reception@atune.com.au

**Website:** atune.com.au

**Appointments:** In Person

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## **Coastal Wellness Cottage**

A women's health focused business providing a range of alternative services under the one banner. Our practitioners are highly trained in women's wellness and fertility support and believe it is important to work integratively to provide the best support and results for our clients.

**Genea patients get 10% off their first acupuncture session with us.  
Use code GENE10 in booking notes.**

**Address:** 9 Brougham Street, East Gosford, NSW 2250

**Phone:** 0490 367 470

**Email:** hello@coastalwellness.com.au

**Website:** coastalwellness.com.au

**Appointments:** In Person



# Psychology & Counselling Business Listings



## **BK Naturopathy + Nutrition - Belinda Kirkpatrick**

As a Natural Fertility Specialist in Sydney, Belinda is experienced in treating all female and male reproductive health problems. Problems usually arise from a combination of genetic, environmental, inflammatory and immune components.

Common problems which may affect fertility include:

- Endometriosis
- Polycystic Ovarian Syndrome PCOS
- Low ovarian reserve (low AMH)
- Thyroid issues
- Auto-immune / Natural Killer Cells
- MTHFR
- Recurrent miscarriage
- Advanced maternal age
- Poor sperm count and health

Your initial consultation with Belinda will look at any testing you might have already had and Belinda will usually refer you for more comprehensive testing, as required. Many clients will feel like they have already "tested everything" but discover that Belinda has many more tests which can help to pinpoint any issues or barriers to conception.

After investigating and treating underlying health problems, changing diet and lifestyle and implementing appropriate nutritional supplementation, many couples achieve their dream of a healthy full-term pregnancy.

**Address:** 5/442 New South Head Road, Double Bay, NSW 2028

**Phone:** 02 9016 2873

**Email:** belinda@belindakirkpatrick.com.au

**Website:** belindakirkpatrick.com.au

**Appointments:** In Person & Virtual



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## **Eatsense**

Eatsense is the Central Coast's leading dual psychology and nutrition practice with a strong focus on all things women's health including PCOS, Endometriosis, Menopause, Fertility and Pre-conception nutrition.

**Address:** Shop 20, 30 Karalta Road, Erina, NSW 2250

**Phone:** 02 4311 3623

**Email:** admin@eatsense.com.au

**Website:** eatsense.com.au

**Appointments:** In Person, Virtual & Mobile

# Psychology & Counselling Business Listings



## The Wellness Practice

We're proud to serve the Penrith region with a range of holistic health services designed to enhance your physical and mental well-being. Our dedicated team provides personalised care and evidence-based strategies for lasting change through exceptional services, education and support.

We offer: Psychology, Physiotherapy, Remedial Massage + Acupuncture, Dietetics, Exercise Physiology, and Clinical Reformer Pilates.

We have on-site parking (free for the first two hours and wheelchair friendly). Simply turn left off Parker Street onto Barber Avenue, then left again to the Nepean Health Hub.

**Genea patients receive 10% off all appointments.**

**Address:** 13 Barber Avenue, Level 2, Kingswood, NSW 2747

**Phone:** 02 8043 6250

**Email:** nepean.twp@thewellnesspractice.com.au

**Website:** thewellnesspractice.com.au

**Appointments:** In Person & Virtual



## Darling Health Centre

Here at Darling Health, we specialise in reproductive health for women and their families, providing high-quality care and education based on evidence. Our comprehensive approach assists patients in all aspects of their physical, mental, and emotional health, allowing them to achieve their wellness objectives.

**Address:** 133 Catherine Street, Leichhardt, NSW 2040

**Phone:** 02 9555 8806

**Email:** reception@darlinghealth.com.au

**Website:** darlinghealth.com.au

**Appointments:** In Person, Virtual & Mobile

# Psychology & Counselling Business Listings



## Papaya Clinic

Papaya is an innovative women's allied health clinic dedicated to providing holistic women's health services for women in all stages of life. We're a team of health professionals, made up of a pelvic health physiotherapist, naturopath, acupuncturist, psychologist and massage therapist all under one roof, ready to support you online and in person in Newtown, Sydney.

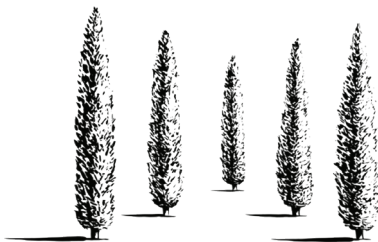
**Address:** Shop 6, 32-72 Alice Street, Newtown, NSW 2042

**Phone:** 02 9030 5086

**Email:** hello@papayaclinic.com.au

**Website:** papayaclinic.com.au

**Appointments:** In Person & Virtual



## Bourne Psychology

As a Natural Fertility Specialist in Sydney, Belinda is experienced in treating all female and male reproductive health problems. Problems usually arise from a combination of genetic, environmental, inflammatory and immune components.

Common problems which may affect fertility include:

- Endometriosis
- Polycystic Ovarian Syndrome PCOS
- Low ovarian reserve (low AMH)
- Thyroid issues
- Auto-immune / Natural Killer Cells
- MTHFR
- Recurrent miscarriage
- Advanced maternal age
- Poor sperm count and health

Your initial consultation with Belinda will look at any testing you might have already had and Belinda will usually refer you for more comprehensive testing, as required. Many clients will feel like they have already "tested everything" but discover that Belinda has many more tests which can help to pinpoint any issues or barriers to conception.

After investigating and treating underlying health problems, changing diet and lifestyle and implementing appropriate nutritional supplementation, many couples achieve their dream of a healthy full-term pregnancy.

**Address:** Medical & Professional Suites,  
Suite 7/256-258 Anson Street, Orange, NSW 2800

**Phone:** 0409 008 112

**Email:** joannelawrencebourne@gmail.com

**Website:** bournepsychology.com.au

**Appointments:** In Person, Virtual & Mobile

# Psychology & Counselling Business Listings



## Cloudberry Clinic

We are a group of psychiatrists who assess people applying to access Supranumation for fertility treatment (egg collection & storage, IUI, IVF, ICSI, donor eggs/sperm, surrogacy, and TESA/TESE).

As we do a full clinical assessment, Medicare rebates apply to our appointments. All appointments are conducted via telehealth - Zoom or Teams.

We provide you and your GP FS with the forms and information needed to apply to the ATO without requiring the assistance of a paid third party, saving you this cost in an already expensive journey.

**Address:** 42a Frenchmans Road, Randwick, NSW 2031

**Phone:** 1300 553 722

**Email:** admin@cloudberryclinic.com.au

**Website:** cloudberryclinic.com.au

**Appointments:** In Person & Virtual



Pam Verrender  
**Psychology**

## Pam Verrender Psychology

Pam Verrender is a registered psychologist and social worker with extensive experience in a broad range of areas, including fertility related issues, conducting implications counselling with recipients and donors, anxiety and depression, adjustment difficulties, PTSD, grief and loss, relationship issues, perinatal mental health and perinatal non-directive counselling. She is a level III trained Gottman Method couples therapist and has more than 35 years experience in systemic family therapy.

Referrals from GPs and a Mental Health Care Plan are accepted. Please note you are unable to claim a Medicare rebate for couples therapy and family therapy.

**Address:** Suite 306, 147 King Street, Sydney, NSW 2000

**Phone:** 0475 276 897

**Email:** info@pamverrender.com.au

**Website:** pamverrender.com.au

**Appointments:** In Person & Virtual

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## **The Acupuncture Pregnancy Clinic - Westmead**

The Acupuncture Pregnancy Clinics focus on supporting patients through their fertility, IVF and pregnancy journey.

As industry leaders in Traditional Chinese Medicine for fertility, all of our practitioners are degree-qualified in Acupuncture and TCM, AHPRA registered and have extensive training and experience in reproductive medicine. We believe Chinese Medicine can work hand in hand with mainstream health care. We practice in an integrative setting and we work in collaboration with our patients' medical providers to ensure all patients receive the most comprehensive health care.

**Address:** Suite 35/163 Hawkesbury Road, Level 3,  
Daher Centre, Westmead, NSW 2145

**Phone:** 0407 130 863

**Email:** [westmead@acupuncturepregnancy.com.au](mailto:westmead@acupuncturepregnancy.com.au)

**Website:** [acupuncturepregnancy.com.au](http://acupuncturepregnancy.com.au)

**Appointments:** In Person, Virtual & Mobile