



## Your journey towards preserving fertility

At Genea, we understand the complexities that come with the decision to undergo egg freezing. This fact sheet explains the process, the benefits and considerations, so that you feel empowered to make informed decisions about your fertility journey, now and in the future.



### Why egg freezing?

Women may choose to freeze their eggs for a variety of reasons:

#### Fertility preservation

A woman's fertility naturally declines with age, particularly after the age of 35. Freezing eggs at a younger age can allow you to potentially use those eggs in the future, giving you the chance to one day have a successful pregnancy.

#### Health conditions and treatments

Certain health conditions or medical treatments, such as chemotherapy for cancer, can impact fertility. Freezing eggs before undergoing these treatments may provide an opportunity for future pregnancy.

#### Personal reasons

Some women choose to delay starting a family for personal or career reasons. Egg freezing gives them the option to have a biological child later, when they're ready.

## The egg freezing process

The egg freezing process is similar to the first half of an IVF cycle and typically takes two weeks.

### 1 Initial consultation

The journey begins with an initial consultation to assess your fertility health and to discuss the process in detail.

### 2 Ovarian stimulation

Hormonal medications are prescribed to stimulate your ovaries to produce multiple mature eggs. Regular monitoring appointments are scheduled to track the development of the eggs.

### 3 Egg retrieval

Once the eggs are ready, they are retrieved in a short procedure under anaesthesia.

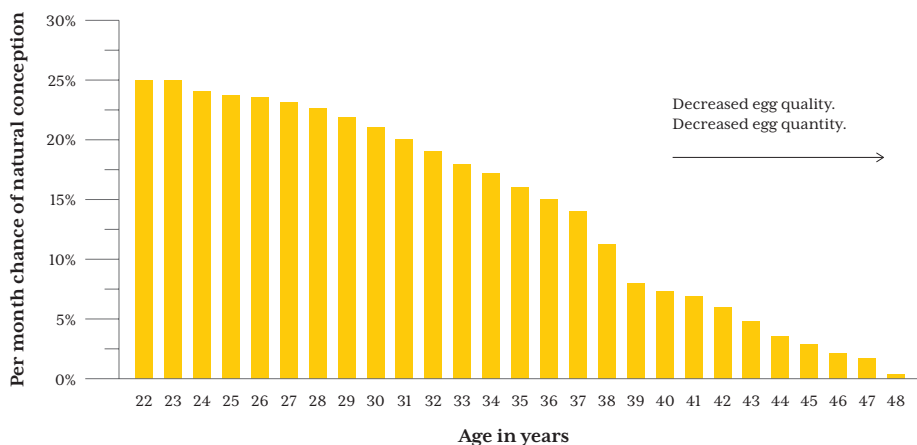
### 4 Vitrification

The mature eggs are cooled rapidly through a process called vitrification, then stored in liquid nitrogen until you decide to use them.

## Success rates and considerations

The success of egg freezing largely depends on the age of the woman at the time eggs are collected and frozen. Younger women usually have healthier eggs and higher success rates. However, egg freezing doesn't guarantee a future pregnancy and should not be seen as a way to indefinitely postpone starting a family. It's important to discuss these factors with your Fertility Specialist so you can make an informed decision.

Monthly chance of natural conception



## Costs

Egg freezing is an investment in your potential to have a family in the future. The cost varies depending on individual circumstances. Genea will provide a personalised quote that includes:

- Monitoring
- Egg retrieval
- Anaesthesia
- Storage.

## In conclusion

The decision to freeze your eggs is a personal one. At Genea, we're committed to offering high-quality care, sophisticated technologies and support, every step of the way. Egg freezing can provide a valuable option to preserve your fertility for the future.

Remember, it's important to discuss all aspects of freezing your eggs with a Fertility Specialist to understand the potential benefits and limitations. Please don't hesitate to reach out to us with any questions or concerns.

# Your fertility journey is our priority.

Get started today

w [genea.com.au](https://www.genea.com.au) p 1300 361 795

GEN09323

**genea**  
WORLD LEADING  
FERTILITY